

JANUARY

2019



I'm **ORANGE STAR**

GOOD EATS AT

Cougar Café

SPECIAL ANNOUNCEMENTS

Menu is subject to change without notice depending upon availability.

M	T	W	TH	F
No School 1	No School 2	No School 3	No School 4	No School 5
Waffle Fish Sticks French Fries Cauliflower 7	Breakfast Taco Chicken Fajitas Salad Pinto Beans 8	Hot Pocket Pizza Salad Corn 9	Donuts Grilled Chicken Broccoli Mixed Veggies Roll 10	Cinnamon Toast Pork Patty Carrots Squash 11
Honey Bun Chicken Spaghetti Green Beans Corn 14	Breakfast Corndog Hamburger French Fries Salad 15	Eggs & Sausage Meatballs Squash Salad, Roll 16	Mini Cinnis Sausage Rolls Pinto Beans Cauliflower Bunny Grahams 17	Sausage Biscuit Crispitos Salad Mixed Veggies 18
No School 21	Muffins Chicken Quesadillas Broccoli Carrots 22	Breakfast Pizza Salisbury Steak Mashed Potatoes Green Beans Roll 23	French Toast BBQ Rib on a Bun Mixed Veggies Squash 24	Donuts Pizza Stix Salad Corn 25
Sausage Roll Nachos Pinto Beans Cauliflower 28	Scrambled Eggs BBQ Chicken Broccoli Squash 29	Pop Tarts Ravioli Carrots Green Beans Bunny Grahams 30	Honey Buns Burrito Salad Mixed Veggies 31	



TEXAS DEPARTMENT OF AGRICULTURE
 COMMISSIONER SID MILLER
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ORANGE STAR

Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.



FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

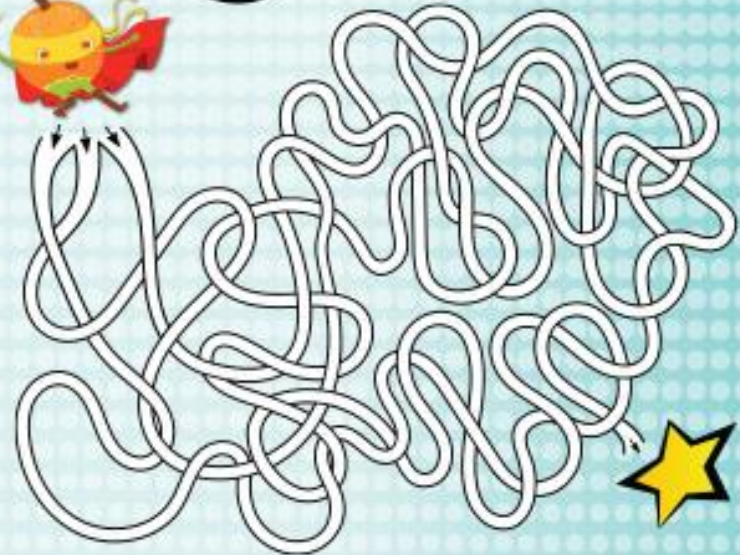


ORANGE STAR'S
FAVORITE
ACTIVITIES
Traveling and
Swimming



MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3