

# APR

2023

GEAR UP FOR  
**BASKETBALL**



**ANNOUNCEMENTS:**



Last Day to Submit!

Menu is subject to change.

## MONDAY

Hot Pocket **3**  
  
Cougar Burger  
Salad  
French Fries

## TUESDAY

Sausage Biscuit **4**  
  
Burrito  
Mixed Veggies  
Pinto Beans

## WEDNESDAY

Jelly Crescents **5**  
  
Chicken Tenders  
Broccoli  
Squash

## THURSDAY

Waffles **6**  
  
Fish Sticks  
Green Beans  
Carrots

## FRIDAY

**No School**

**10**

**No School**

Frudel **11**  
  
Pulled Pork on a bun  
Baked Beans  
Cauliflower

Honey Bun **12**  
  
Hot Dogs  
French Fries  
Green Beans

Breakfast Pizza **13**  
  
Grilled Chicken  
Yams  
Broccoli  
Roll and Bunny Grahams

French Toast **14**  
  
Pizza  
Salad  
Corn

**17**

Mini Cinni  
  
Crispy Chicken Burger  
French Fries  
Salad

Yogurt **18**  
  
Ravioli  
Mixed Veggies  
Green Beans  
Cheez Its

Biscuit **19**  
  
Fajitas  
Salad  
Pinto Beans

Donuts **20**  
  
Chicken Nuggets  
Broccoli  
Carrots

Egg Bites **21**  
  
Crispitos  
Corn  
Salad

**24**

Muffins  
  
Sausage and Bread  
Cauliflower  
Corn  
Bunny Grahams

Pancakes **25**  
  
Tacos  
Salad  
Pinto Beans

Chocolate Donut **26**  
  
Mini Corndogs  
Broccoli  
Squash

Cinnamon Toast **27**  
  
Pizza Stix  
Salad  
Mixed Veggies

Pop Tarts **28**  
  
Meatballs  
Green Beans  
Carrots  
Roll

