



i'm **HADLEY HEN**

MARCH

2020

TDA's March 2020 Menu Calendar

SCHOOL BREAKFAST WEEK
MARCH 2-6
SquareMeals.org/SBW

GOOD EATS AT

Cougar Café

SPECIAL ANNOUNCEMENTS

Menu is subject to change without notice depending upon availability.

M	T	W	TH	F
Frudel Turkey Fingers Broccoli Corn 2	Muffins w/ Mom Corndogs Mixed Veggies Baked Beans 3	Donuts w/Dad Ravioli Cauliflower Green Beans Bunny Grahams 4	Breakfast Corndogs Chicken & Rice Squash Salad & Roll 5	French Toast Grilled Cheese Green Peas Carrots Chips 6
Biscuit Pork Patty Squash Broccoli Buttered Noodles 9	Donuts Quesadillas Pinto Beans French Fries 10	Breakfast Burger Pizza Stix Salad Green Beans 11	Mini Cinni Sloppy Joes Mixed Veggies Cauliflower 12	Pop Tarts Fish Patty Carrots Corn 13
SPRING BREAK 16	SPRING BREAK 17	SPRING BREAK 18	SPRING BREAK 19	SPRING BREAK 20
Hot Pocket Chicken Spaghetti Green Beans Squash Bunny Grahams 23	Breakfast Pizza Sausage Rolls Broccoli Ranch Style Beans 24	Breakfast Taco Chicken Salad Sandwich Mixed Veggies Salad 25	Waffles Salisbury Steak Mashed Potatoes Carrots Roll 26	Muffins Cheese Pizza Salad Corn 27
Honey Bun Spaghetti Green Beans Corn Breadstick 30	Breakfast Burger Hot Dogs Baked Beans Mixed Veggies 31			

The Art Contest Continues!
Enter today! Deadline next month!
SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



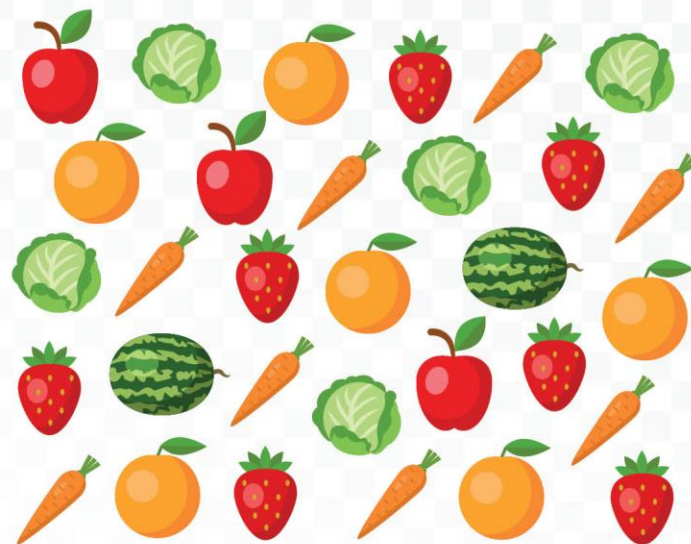
WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

POWER BRAIN POWER














JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



	_____		_____
	_____		_____
	_____		_____

5		8	
3		7	
2		6	